

Northwest B League Constitution
Adopted 9-23-09
2009-2010

Article I – NAME

The name of this organization shall be the Northwest B League.

Article II – OBJECTIVES

The objectives of this organization shall be to promote good fellowship and sportsmanship among the schools of the league, to foster professional growth of league members, to direct and supervise the interscholastic activities of the league, and to carry out the Northwest B League guidelines.

Article III – MEMBERSHIP

This league shall consist of the following schools: Arlington Christian, Grace Academy, Highland Christian, Lopez Island, Lummi Nation, North Sound Christian, Providence Classical Christian, Skykomish, St. Paul’s Academy, and Tulalip Heritage. Membership shall be granted upon written request and 2/3 majority of member schools approving such request. All member schools are expected to attend league meetings.

Article IV – OFFICERS

Section 1 – The officers of this association shall be president, vice president and secretary-treasurer, and each shall perform the customary duties of the office. The president, vice president and secretary-treasurer shall be elected in the spring for a term of one year. The president, vice president and secretary-treasurer will constitute the Executive Committee.

Section 2 – Vacancies shall be filled by election at the next regular meeting of the league.

Article V – COMMITTEES

Committees shall be appointed as the need arises.

Article VI – MEETINGS

League meetings shall be held monthly, August through June. Individual meeting dates may be changed by mutual agreement of league members. A quorum of 40% must be present to transact business. The Executive Committee may cancel a meeting if there is no business. Special meetings may be called by the president when necessary. All league members shall be notified of special meetings and subject(s) for consideration. (Non-agenda items may be adopted if a quorum is present.)

Article VII – AMENDMENTS

The constitution may be amended by a vote of all members. All proposed amendments must be presented in writing at least one meeting prior to voting on the amendment. In order to effect an amendment there must be 2/3 of the member schools present voting in favor of the change.

Article VIII – GUIDELINES

A set of special regulations to govern each activity shall be compiled and kept up to date. These special regulations shall be known as “Guidelines of the NWB League”.

Guidelines may be approved and altered only by a majority vote of member schools present at any regular NWB League meeting or at any special meeting provided notice of the contemplated change has been sent to each of the member schools.

Article IX – RESPONSIBILITIES

The superintendent or administrator of each member school should be informed by the school’s league representative on all matters concerning actions of the NWB League.

The representatives of the member schools have the responsibility for administering the affairs of the league in accordance with established guidelines.

Each school is responsible for the proper conduct of its players, coaching staff and student body. **Sportsmanship is one of the major aims of interscholastic athletics and each school is expected to keep that ideal.**

Article X – FINANCES

Dues shall be assessed and billed at a rate set annually by the league. Such dues are to be sent to the league treasurer by Nov. 15. Delinquent dues will be doubled. A member school may be dropped from the league for non-payment of dues, which are more than six (6) months in arrears.

Entry fees may be assessed in order to defray the cost of league expenses.

Members of the Executive Committee as well as league coordinators determined by the league such as head of Sportsmanship, District One representative, etc. will be compensated annually by the league. The amount paid will be determined by the league each year.

In the event of a deficit at the end of the school year, the debt will be shared equally by the member schools. The league Secretary/Treasurer will send out a bill to the schools.

Article XI – TROPHIES

Trophies shall be purchased by the NWB League secretary-treasurer for all boy and girl interscholastic activities for which a league champion is declared. There must be a minimum of three (3) NWB League schools participating in an activity before a league champion can be declared.

Article XII – DISSOLUTION

In the event that the NWB League is dissolved all finances shall be dispensed equally among member schools after discharging all financial obligations.

GUIDELINES OF THE NORTHWEST B LEAGUE

- I. Guidelines pertaining to the NWB Code of Ethics
 - A. The primary purpose of the NWB League program shall be to benefit the athletes who make up the student bodies of the member schools.
 - B. At all times the physical and mental welfare of the participating students in any NWB League activity shall be paramount.
 - C. One of the main purposes of the NWB League activities program is to educate students through participation. To do this league schools should emphasize maximum participation of students.
 - D. Sportsmanship and ethical conduct shall be stressed which emphasize the best values of the game. Running up the score shall be considered unethical in this regard.
 - E. The building of positive relationships between member schools shall be a major purpose of league activities.
 - F. The actions of coaches in the NWB League athletic activities shall be guided by the code of ethics of the Washington State High School Coaches Association.
 - G. In addition to the above, the entire NWB League program shall be guided by the Code of Ethics of the Washington Interscholastic Activities Association (WIAA).
- II. Guidelines pertaining to relationship of other organizations:
 - A. Each NWB League member school shall be a member of the WIAA and the Northwest District of the Washington Interscholastic Activities Association (NWIAA).
 - B. NWB League programs shall adhere to the WIAA rules.
- III. Guidelines pertaining to admission and passes to league events
 - A. Admission prices for NWB League games or matches shall be reviewed each year by the league.

Recommended admission for current year shall not exceed: (football, volleyball, basketball)

- i. \$5.00 for adults and high school students without ASB cards.
 - ii. \$3.00 for visiting students with ASB cards and senior citizens (65 and over)
 - iii. \$2.00 for grade school students (K-5) and younger.
 - B. Teams, managers, bus drivers, statisticians, and chaperones shall be admitted free to all contests upon presentation of proper authorization or upon coach's authorization.
 - C. NWIAA and WIAA passes shall be honored for all league activities.
- IV. Guidelines pertaining to interscholastic activity between schools:
 - A. Unless two interscholastic athletic events are scheduled at the same time the host school shall use its best facility for the activity.
 - B. Any change in sports schedules pertaining to day, time, or place can be done with the consent of both schools involved.
 - C. Prior to the first scheduled game in any sport season all schools shall send to all league members a season schedule, and have a roster, and an eligibility list on file to be sent upon request.
 - D. Filming or video-taping of an event at an away school will follow these guidelines:
 - i. The school hosting the event has the right to approve or disapprove the use of all equipment that requires power plug-in and/or tripod-equipment space. The host school may designate the location of such equipment.
 - ii. There shall be no objection to the use of compact, hand-held video cameras by sports fans in the stands, as long as it creates no obstruction to the view and comfort of other spectators in the stands.
 - iii. The use of such equipment immediately adjacent to the playing surfaces shall be restricted to the use of recognized media personnel who are on site to report the game or match.
 - E. If a team drops during a season, all games played and scheduled will be dropped from the league schedule and standings.

- F. Bands shall play at home activities only, except by prior arrangement.
- G. Signs of a positive nature relating to the host school will be permitted.
 - i. No signs of a derogatory nature will be in the facility.
 - ii. The visiting school will not be permitted to display signs
- H. Schools must declare themselves for a sport one month prior to schedule building for that particular sport. Schools can be admitted to a sport after that time only if the schedule will accommodate them or upon special disposition by the league.
- I. The league shall appoint coordinators for each sport who shall be responsible for league statistics and standings for the year. This position shall be a paid position, the amount to be determined each year by the league.
- J. It is the desire of the NWB League to handle protests and disagreements within the structure of the league. In the event that disagreements cannot be resolved by schools party to the disagreement, a request, in writing, by at least one of the schools involved shall be submitted to the president of the league for action by a special committee. Such a committee shall be appointed by the president, and shall consist of not less than three representatives of member schools, none of which are parties to the disagreement. This committee shall recommend a solution to the disagreement of the league members. If parties to the disagreement are not satisfied, the problem will be forwarded to the NWIAA District One Board by the league, and if necessary to the WIAA.

Any protest of an athletic contest must be lodged with the referee at the time of the incident by the coach before the contest is resumed. This must be done in order to continue with the protest. If the coach does not do so then no protest will be allowed. The principal of the protesting school must make a phone call to the league president within twenty-four (24) hours of the contest. The president shall appoint a three-member protest committee that shall render a decision. The right of appeal to the NWIAA District One Board shall stand. Any protest must be documented in writing within two (2) school days of the contest and sent to the league president.

- K. In the event of an athletic postponement it shall not be considered a forfeit if either school is closed for reasons beyond the control of school authorities, if the roads are unsafe for travel or the ferry system is not operating. In the case of unsafe roads, the school authorities of the two schools involved shall make the decision to postpone an event. In the case

of epidemic conditions a game may be cancelled or postponed upon recommendation of the county health officials.

- L. In the event a school or schools cannot make it to a league tournament game site due to inclement weather, the tournament manager shall consult with the tournament committee and decide when the next playing date will be. He/she will then contact all schools involved in the tournament of the change of dates. The decision shall be based on:
 - i. Distance from the affected school(s) to the tournament site.
 - ii. Number of available playing dates left to complete the tournament and the availability of the site(s).

In no case shall a tournament be postponed beyond the available dates so as to cause the league teams to lose entry into the STATE tournament. Nor shall it be construed by the affected team(s) that they have been forced to compete at the sacrifice of life or limb. Post-season play is not required of any team; it is there for those who choose to go on and earn the right to do so. No one school shall unilaterally be able to prevent the other eligible tournament entries from playing the games or matches if the tournament manager and committee decide to proceed without the affected team(s).

V. Guidelines pertaining to schedules:

Schedules for the following year are to be completed and submitted to the member schools as follows:

All Fall sports by the February meeting

All Winter sports by the April meeting

All Spring sports by the January meeting

VI. Guidelines pertaining to awards and trophies.

- A. Trophies will be awarded for sports having three (3) or more teams.
- B. Sportsmanship awards will be given for Soccer, Volleyball, and Basketball.
- C. A failure to participate in sportsmanship voting by the given due date will eliminate a team from sportsmanship consideration.

VII. Guidelines pertaining to procedures for teams to advance to post-season play when ties exist.

A. General Provisions:

All Sports

i. League Championship

- a. If a tie exists for first place, the teams will be declared Division Co-Champions.
- b. The tie-breaking criteria and procedures will be applied for purposes of playoff placing.

ii. Criteria for tie-breaking

- a. For a bye or final playoff spot

1st Criteria: The results of head-to-head league competition between the teams involved in the tie.

2nd Criteria: If, after applying Criteria 1, a tie still exists then a playoff would be held to break the tie.

- b. For playoff seeding

1st Criteria: The results of head-to-head league competition between the teams involved in the tie.

2nd Criteria: The results of competition against other league opponents will be considered. The records of the tied schools will be compared to the first place team, then second place, then third place, and so on. Once one team has a better record than the other team against a common league opponent, the tie will be broken. For example, Team A and Team B are tied for 2nd place and split games during the regular season. The records of both teams will be compared against 1st place. Both teams were 0-2 against 1st place so will remain tied. They are then compared to 4th place. Team A was 1-1 and Team B was 0-2. Team A would win the tie-breaker and receive the higher seed.

3rd Criteria: If, after applying Criteria 1 and 2, a tie still exists then the tie-breaker number draw (see end of section for the current school year number draw) will be used to determine playoff positions. The tie-breaker number draw cannot eliminate a team from a final playoff spot. The winner of the tie-breaker number draw will be assigned the highest position on the bracket for which the teams are tied. The tie-breaker number draw will take place at the last AD meeting in June for the school year to follow.

iii. Situations Not Covered

Any ties not covered by these procedures will be resolved by the League Athletic Directors.

iv. Tie-Breaker Number Draw

The first number listed after the name of the school is the number that will be used for fall tie-breakers, the second number will be used for winter tie-breakers, and the third number will be used for spring tiebreakers.

Example: *If Grace and North Sound are tied for the same position at the end of the fall season, Grace (first number is “2”) would receive the higher seed over North Sound (first number is “10”).*

During the winter season Lopez (2nd number is “1”) would receive the higher seed over Lummi Nation (2nd number is “7”). **Note:** *All other criteria for breaking ties remain in effect. The draw information listed below applies only to situations that formerly called for a coin flip*

B. Football

This is to be used only if it is for first or last place into a playoff spot. Otherwise the draw will break the tie. Each tie-breaker game will consist of **two 10 minute quarters**. Each team will be given two time-outs. Ties will be broken by the Kansas tie breaker from the twenty-five (25) yard line. An additional time-out will be allowed for each team during the tie-breaker series.

C. Soccer

If there is a tie in the point system follow section A. If a tie still exists after applying Section A the following procedure will be used.

- i. The playoffs will consist of two twenty-minute halves and a five- minute halftime.
- ii. If a tie exists after the regulation periods have been played, there will be two five-minute sudden death overtime periods followed by penalty kicks, if necessary, to determine the winner.

D. Volleyball

Follow Section A. If a tie still exists after applying Section A the following procedure will be used.

- i. For a two way tie a best three out of five game match will be played, with the fifth game being a 15 point game.
- ii. For a three way tie, a 15 point round robin play-off between the three teams involved regardless of how many teams advance. The draw will determine teams A, B, and C. To start, A plays B, then B plays C, and then A plays C. If three-way tie still exists a point differential will be used per the State tie breaker. The team with the greatest total points for minus points against, in the round robin play-off will be selected.

E. Basketball

- i. If a tie exists in basketball after Section A then the tied teams will determine whether they will playoff for the seeding position. If one team does not agree to a playoff then the draw will determine the seeding.
- ii. Format: A regulation game unless time doesn't allow, then at least two-quarter games shall be played with a maximum of two(2) time-outs per team allowed; a player will be disqualified after the fourth foul.

F. Baseball/Softball

The format will be one complete game for softball and five innings for baseball.

G. Arrangements for Tie-Breaker Contests

- i.. The contest will be held at the home site of one of the participating schools.
- ii. The league tie-breaker draw will be used to determine the playoff site.
- iii. The league tie-breaker draw will determine the home team when this is necessary (i.e. baseball).
- iv. The host site athletic director will act as tournament manager.
- v. The financial aspects of the playoff contest will be handled in the same manner as all league tournament contests. All profits or losses will become a part of the league treasury and shared by all member schools.
- vi. Officials will be mutually selected by the district athletic directors involved in the playoff contests and must come from regular officials associations serving Northwest B contests.

The 2009-2010 drawing for the tie breakers are as follows:

	Fall	Winter	Spring
a. ACS	6	5	4
b. Grace	9	8	6
c. Highland	8	10	3
d. Lopez	5	4	10
e. Lummi	2	2	8
f. North Sound	4	9	7
g. Providence	1	3	2
h. Sky	10	7	9
i. St. Paul's	7	1	1
j. Tulalip	3	6	5

VIII. Teams qualifying for post season play through Northwest B League

Independent schools qualifying for post season play must meet with league membership. Criteria that may be used include, number of varsity contests, common opponents, winning percentage, etc.

IX. Individual sports policies

All sports policies will follow the National Federation of High Schools (NFHS), WIAA, and NWIAA guidelines.

X. Guidelines pertaining to All-League Team selections

Northwest 1B League Level				
Sport	Trophy	Ribbons	Certificates	All-League Teams
Baseball	No	No	No	No
Basketball	Yes	No	Yes	Yes – 1 st and 2 nd team
Fastpitch	No	No	No	No
Football	Yes	No	Yes	Yes – 2 teams
Golf	Yes	Yes	Yes	Yes - top 5
Soccer	Yes	No	Yes	Yes – 1 st team & H.M
Track	Yes	Yes	Yes	Yes 1 st place finishers
Volleyball	Yes	No	Yes	Yes-1 st & 2 nd team

- A. All-League teams shall be designated for each current league sport in which a championship trophy is awarded and in which individual championship ribbons or awards are not presented. Teams that do not submit ballots or nominees by the due dates shall not have their players eligible for the all-opponent team.
- B. Volleyball will have 1st and 2nd teams. A total of 12 players as well as a most valuable player will be chosen based on the most votes cast.
- C. Football will have 8 offensive, 8 defensive and 1 special team player.
- D. Soccer will have a 1st team and honorable mention for those that get at least one coaches vote. There will be a most valuable player based on the most votes.
- E. Basketball will have 1st and 2nd teams for both boys and girls and a most valuable player based on the most votes.
- F. Golf will have the top 5 players from the league tournament

- G. Track will have the 1st place finishers from each of the events at the league tournament.
- H. If other sports are added by the league, then at that time the criteria will be set.